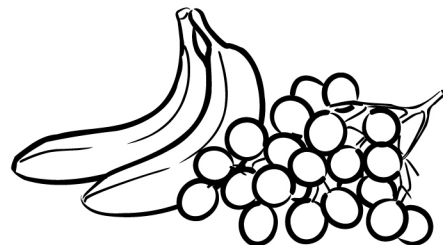
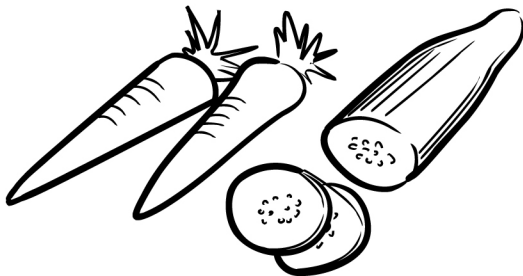
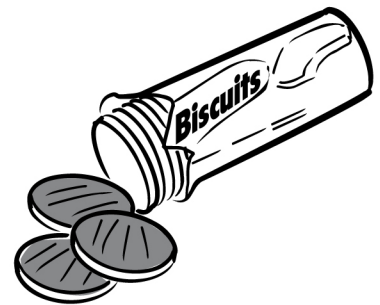
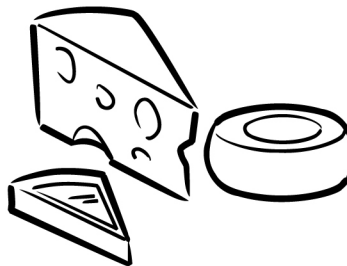


FOOD AND DRINK

Tick ✓ which things are good for you and cross ✗ which things are bad:



As well as being good for you, some of these foods are also good for your teeth. Find them in the wordsearch on the right.

MILK
CHEESE
CARROT

BANANA
CUCUMBER

D	A	N	B	F	G	Q	R
J	C	D	J	M	R	K	E
K	A	H	G	A	F	K	B
R	R	H	E	U	I	C	M
E	R	R	Z	E	H	A	U
A	O	U	B	N	S	G	C
H	T	M	I	L	K	E	U
A	B	A	N	A	N	A	C



DID YOU KNOW..?
Cheese is great for teeth,
it gets rid of ACID.